



Post-Secondary Programs

Section 9

**DAY PROGRAMS
FOR
PERSONS WITH INTELLECTUAL OR
DEVELOPMENTAL DISABILITIES**

1. **Day Activity and Health Services (DAHS)**
Funded by Medicaid
Must have a medical diagnosis
Adult day care for individuals who are geriatric or disabled

2. **Day Habilitation Programs**
Funded by Program Fees. General Revenue funds from the Alamo Local Authority, HCS and ICFID.
Funding can be used to pay program fees or private pay.
Must have a diagnosis of intellectual disability and/or autism or a developmental disability. Provides an array of learning opportunities and contract work

3. **Sheltered Workshops**
Funded by Program Fees
ICFID or HCS Funding or private pay.
Must have a diagnosis of an intellectual disability, autism or developmental disability
Contract work

4. **Supported Employment/Employment**
Funded by Program Fees. Department of Assistive and Rehabilitative Services (DARS) and General Revenue funds from the Alamo Local Authority can be used to pay the fees.
Provides Job placement and Job coaching

5. **Work Enclaves/Team**

Day Activity and Health Services (DAHS):

What is a DAHS program?

A DAHS program is day programming for adults with Intellectual Disabilities and and/or physical disabilities. The objectives of the program are to provide for the physical and medical needs of clients, provide training in life skills, provide leisure time and maintain a safe, clean and stimulating environment. Eligible participants must have a functional disability and a medical diagnosis that requires monitoring by a licensed nurse. Services include: grooming, transfer and ambulating, toileting, feeding, fluid intake, special diets, medication, exercises, behavior management and recreation.

How is a DAHS program funded?

The individual must be a Medicaid recipient or be financially eligible for services. Private pay is also an option.

For more information or to apply for a DAHS program

Contact: Department of Aged and Disability Services at (210) 438-6208 or contact the program of choice directly.

Notes:

Vocational Services:

What are vocational services?

There are 3 types of vocational opportunities for individuals with Intellectual Disabilities. **Competitive employment** is simply working at a traditional job in the community with minimal supports. **Supported employment** is paid, competitive employment for people who have severe disabilities and a demonstrated inability to gain and maintain traditional employment. Supported employment includes supports like job coaches and occurs in a variety of normal integrated business environments. **Sheltered workshops** are programs that provide opportunities for individuals to be paid via contract work within an agency (i.e. The Arc of San Antonio, The Unicorn Center, Alternative Business Services, CHCS Employment Connections)

How are vocational services funded?

Funding for vocational programs can come from several resources. The Department of Assistive and Rehabilitative Services may provide funding *if* the individual has expectancy for competitive work. For individuals with Intellectual Disabilities, The Alamo Local Authority may fund supported employment services.

For more information or to apply for a vocational program

Contact: Department of Assistive and Rehabilitative Services (DARS) 805-2200 and/or
Alamo Local Authority (210) 832-5020

Notes:

Day Habilitation:

What is a Day Habilitation program?

Day Habilitation programs are life skills building programs (i.e. cooking, self-care, nutrition) that focus on enhancing lives and promoting independence. Some participants have opportunities to improve work readiness through contract work.

How is a Day Habilitation program funded?

Day Habilitation services can be funded by ICF-MR residential programs, the Home Community Services (HCS) and Community Living Assisted and Support Services (CLASS) Medicaid Waiver Program, Texas Home Living Waiver Funds, General Revenue Funds or private pay.

Contact: For more information or to apply for a Day Habilitation Program, contact the Day Habilitation Program of choice

Notes:

DAY HABILITATION PROGRAMS

The Arc-SA does not directly or indirectly endorse the clinics/physicians listed below. Contributors include parents of children with special health care needs, as well as health and medical professionals in the community.

Ability House

329 E. Ramsey SAT 78217
(210) 277-0351
Day Habilitation

Angel Care Center of San Antonio, Inc.

4338 Center Gate SAT 78217
(210) 946-6300
Contact – George Galvan-georgegalvan@att.net
Email: angelcaresa@att.net

Arc of San Antonio Life Enrichment

Two locations:

- 13430 West Avenue SAT 78216
(210) 490-4300
- Pam Stephens Center
6530 Wurzbach SAT 78240
(210) 682-4200

www.arc-sa.org

Arnold's Angel Day Habilitation Center

123 Wolfe Rd. SAT 78216
(210) 348-8200
Hours: 7:30am -4:30pm
Email: joycejonescm@yahoo.com
www.arnoldsangels@att.net

CALAB Activity Center

6737 Poss Road SAT 78250
(210) 509-2222
Contact-Debbie Martinez
www.calabinc.com

Calidad(DAHS)

227 W. Drexel SAT 78210
210-532-5158
Contact-Doreen Vernon-dvernon@chcsbc.org
www.chcsbc.org

Day Haven (ages 15& up)

8823 Tradeway SAT 78217
(210) 832-0055
Maria Tristan Duncan-Mtd1213@att.net

Educare Community Living:

- ABS (Alternative Business Services)
Central Day Habilitation
3700 Belgium Lane SAT 78219
(210) 979-7009
- Contact-Lynn Esteves
lesteves@rescare.com
- ABS (Alternative Business Services)
Vocational Program – Contract Work
2006 CeeCee SAT
(210) 967-9699
www.rescare.com

Estrella de Mar, Inc.

3857 E. Southcross Ste. 165 SAT 78222
(210) 337-4411
DAHS
estrellademar@mail.org

Helping Hands – University Methodist Church

5084 De Zavala Rd. SAT 78249
Day Habilitation
(210) 690-7323

Hill Country Support Services

6450 Babcock SAT 78201
Day Habilitation
(210) 265-3192

Lifetime Living

- 3800 North Loop 410 #101 SAT 78229
 - 5425 N. Loop 1604 E SAT 78247
 - 4455 FM 482 New Braunfels, Tx 78132
(210) 651-0279
- Day Habilitation
www.lifetimelivinginc.com

Mosaic in South Central Texas

12107 Toepperwein Rd., Ste. 2
San Antonio, TX 78233-3157
P: 210.967.0566
F: 210.967.6232

Mission Road Development Center

8706 Mission Road SAT 78214
(210) 924-9265
Contact-Robin Warden-rwarden@mrmsat.org
www.mrmsat.org

Miracles Happen

2881 Thousand Oaks SAT 78214
Day Habilitation
(210) 491-4419

R&K Career Development Opportunities

3151 Nacogdoches SAT 78217
(210) 653-7797 (Contact: Corey Jefferson)
Day Habilitation
www.rkhomes.net

RMI (Reaching Maximum Independence)

6336 Montgomery Rd. SAT 78239
(210) 656-6674 – Administrative office
8900 Starcrest SAT
(210) 284-6220 – Day Hab –POC: Ravin
Contact- Pam Kelly
Day Habilitation
www.rmihomes.org

SAFIRE

San Antonio Fitness, Independent & Recreational
Environment
11111 Iota SAT 78217
(210) 236-7662
Day Habilitation
www.safiretx.org

Stepping Stones Day Hab

7795 Mainland, Ste. 105 SAT 78250
(210) 390-1857
Day Habilitation
tawnie.martin@hotmail.com

Texas Foundation of Hope

14015 San Pedro SAT 78232
(210) 265-3351
Day Habilitation/ Vocational
www.txfh.org

Unicorn Center

4630 Hamilton Wolfe SAT 78229
Contact-John Schwab
jschwab@mrmsat.org
(210) 692-0342
Ages 18 & up
www.mrmsat.org

Yes I Can

10807 Perrin Beitel, Ste. 110 SAT 78217
(210) 646-0019
Contact- Isaac Blanchard
www.yesicaninc.org

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Unicorn Centers, Inc.

A Unique Place

Unicorn Centers, Inc.

4630 Hamilton Wolfe

San Antonio, Texas 78229-3331

(210) 692-0342

(210) 615-3989 (fax)

unicorn.missionroadministries.org

SITE-BASED DAY HABILITATION

“To provide the customers of San Antonio the best community based environment for assistance with retaining, improving, or acquiring the self-help, socialization, and adaptive skills necessary to live and participate successfully in home and community life.”

The caption noted above is a major part of the Unicorn Center's mission statement. Although Unicorn Centers is recognized as a vocational program, it focuses not only on work, but has a separate program that focuses on the skills needed to be successful in life. In conjunction with its extended employment, supportive employment, and enclave operations, Unicorn offers a Site-Based Day Habilitation Program. This program features structured social, leisure, and educational activities. It is our belief that this program provides a foundation for positive growth and development.

Activities include but are not limited to:

Current Events
Exercise Activity
Life Skills
Social Skills
Creative Activity
Recreation/Social Activities/Community Outings

The overall goal of the Site-Based Day Habilitation Program is to expose our consumers to some of the same options, choices, and experiences that non-disabled persons have when making decisions about how to live their lives. It is our experience that participants in the Site-Based Day Habilitation Program, make more informed decisions which improve the quality of their lives.

EXTENDED EMPLOYMENT

“Our Extended Employment Program will provide the support that each individual needs to experience success in the world of work in preparation for community employment”

The mission statement of the Extended Employment Program of Unicorn Centers provides the foundation for the establishment of a “real work” environment. All customers are treated in a manner consistent with a “real job.” Each customer is assigned a supervisor, given breaks, and production demands within their ability, and paid appropriately for all work.

Certified by the department of labor, participants work at Unicorn on subcontracted jobs in cooperation with area businesses. Often this is the first real experience many have had “doing a job.” Unicorn takes great pride in assuring everyone gets paid for their participation. Operations include but are not limited to:

Sub-Contract
Fixed Cost
Cost Effective
Light Manufacturing
Collating
Pick Up
Delivery
Bulk Mailing
Quality Controlled
Turn Key

“Real work for real pay”



College Options for People with Intellectual Disabilities



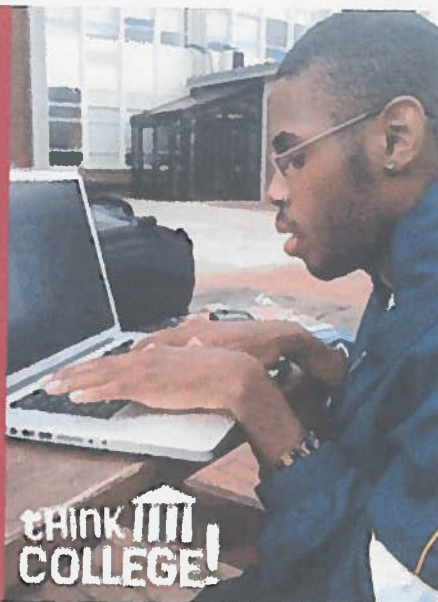
A Guide for Doing Action Research with College Students

by Dr. Maria Palewonsky



Our new guide explains how you can collaborate on research with college students with intellectual disabilities by using storytelling and digital media tools.

[DOWNLOAD](#)



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- Check out the new resources from Think College!
 - [Watch *Rethinking College*](#), our documentary film about including students with intellectual disabilities in higher education
 - From the Resource Library: [Participatory Action Research Guide](#) - a complete guide to supporting college students with intellectual disabilities to conduct research on their experiences
 - From the National Coordinating Center: [Report from the National Coordinating Center: FY11 +FY12](#): shares data and analysis from the first two years of the Transition and Postsecondary Programs for Students with ID (TPSID) projects.
 - We have a [new Insight Brief](#) that describes how a community agency for adults with disabilities and a college works together to offer lifelong learning opportunities.
 - There is another great Think College Story! Vanessa shares how reading a book for her class helped her to see that the "sky is the limit". Be sure to [read it!](#)
- Coming Soon: An online survey to assess programmatic alignment with the Think College Standards for Inclusive Higher Education, and a brand new Think College Learn module on How to Become a Comprehensive Transition Program

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